

BAIT (Brief Addiction Intervention Team) service at Loma Linda University Medical Center

Overview:

The Brief Addiction Intervention Team assists trauma patients with drug and alcohol problems to prepare for change by discussing addiction issues during a teachable moment—during a crisis at Loma Linda University Medical Center (LLUMC). Recovery action plans are formed with patients and they are referred to a wide variety of community resources, in addition to Loma Linda University Behavioral Medical Center's Chemical Dependency Program. Patients are seen at bedside. 76% of the interventions are performed by the Social Worker and 24% are done by identified Child Life Specialist who has been trained in Brief Motivational Interventions. BAIT consults can be requested 7 days a week and should be ordered on all trauma patients with a positive Toxicology screen.

Appropriate Referrals include all patients:

- With (+) toxicology screens and or alcohol levels >0 at time of admission
- With histories of substance abuse per self-report, medical history, or request by concerned others
- Even if in recovery from drugs/alcohol, to provide relapse prevention
- With or without prior substance abuse histories

Services provided by Brief Addiction intervention Team:

- Assess the nature and severity of substance abuse problems
- Inform patients of abnormal lab results: BAL, LFTs, MCV, amylase, fatty liver on CT
- Teach staff about substance abuse and brief interventions
- Increase patient's readiness to change using evidenced-based counseling techniques
- Provide Relapse Prevention treatment using evidenced-based counseling techniques
- Provide Patient Education about substance abuse consequences and recovery
- Treatment referrals (addiction, dual disorder, methadone, mental health)
- Patients not going to treatment, form a concrete, realistic alternative recovery plan
- Provide consultation to family and significant others (must have patient's consent)

How to refer to the Addiction Intervention Service:

- Physician order for BAIT Consultation.
- Page Social Worker assigned to patient's unit, will require an order from Trauma Service