

TAKE WITH YOU Travel instructions:

- (1) When you get off the plane in Lilongwe, go through Immigration where they will give you a free 1 month visa to Malawi
- (2) Pick up your bags and head to the Forex Bureau that is in the airport. (if one of your bags does not arrive, report it to the appropriate airport employee and fill out a written report).
- (3) If you get stopped by the customs agent, say "I am Dr. *****, and I am on my way to Malamulo Hospital. These are my own things and donated supplies for the mission hospital." You should NOT have to pay any import tax nor should you be hassled. If they want to go through the bags, stand right there with them and say, "See, these are my clothes. Look, this is donated medical supplies for the mission. This is MY stuff." **Do NOT say, "I am bringing food and stuff for gifts or for missionaries" Do NOT say, "this isn't my stuff, it is for someone else..."**.
- (4) Change about \$300 at the Forex Bureau.
- (5) Walk out to the curb (carry your own stuff - don't let others 'help' you)
- (6) **Hire a taxi at the curb and tell him "Take me to the AXA bus station"**
- (7) Go straight to the **AXA bus** station and buy a seat on the **EXECUTIVE AXA BUS** going directly to Blantyre.
- (8) The **AXA bus** travels without stop from Lilongwe to Blantyre. It leaves Lilongwe at 4pm and arrives in Blantyre at 9 or 10pm.
- (9) Get off the AXA bus at the FIRST stop in **Blantyre**. (Wait inside the bus depot with your bags)

Dr. Hayton's phone number is 099-139-6240

Darryl Priester's phone number is 088-157-9170

If we are not there to pick up the resident, they can ask a fellow passenger to make a phone call and "flash" my phone. (This means they will call, but hang up before I answer. This allows me to call back and thus not cost the person any money.)

We will arrange pick up for each resident individually.

Travel tips:

- (1) Bring at least one change of clothes in your carry-on.
- (2) You can legally carry up to \$10,000 cash with you (I recommend bringing at least \$1,000 in one hundred dollar bills NOT twenties).
- (3) Enjoy the flights, drink lots of water, watch movies. Just imagine what it is like to do this trip with two or three toddlers :) and you'll stop complaining and start enjoying
- (4) Use Zip Ties on all your checked bag zippers. It is the best form of anti-theft.
- (5) Do NOT check-in any electronic equipment. This includes your laptop, iPad, iPhone, camera, ext. hard drives, GPS, **Do NOT check-in anything of value**. LAX will x-ray your bags and selectively open any bag with any electronics - and you'll never see it again.
- (6) Don't stress during the trip. If there are delays or hang ups, it is just a part of the adventure...

FYI: When residents arrive late at night, there are two ways he/she will be picked up. Either I will pick them up and bring them directly to Malamulo, or Darryl Priester will pick them up and take them to his house in Blantyre (2 minutes from the AXA bus station). If this is the case, we will arrange transport the following day from the Priester's house to Malamulo. The resident would get up the following morning and go to the hospital with Dr. Tiffany Priester (Cardiology/ICU) to do rounds and see the Blantyre Adventist Hospital (our sister hospital in town). They would hang out with Tiffany until the Malamulo Hospital driver arrives to pick them up - usually around noon.