

INPATIENT SURGERY POST OPERATIVE INSTRUCTIONS

Parents: Either you or a responsible relative will need to take the child home and stay with them. Make sure your child takes their post operative medications (antibiotics/pain medications), if any were ordered. Contact your child's surgeon if they develop excessive bleeding, pain or a temperature above 101 degrees.

Your surgeon's office telephone # is (909) 558-7787.

The hospital operator's # is (909) 558-4000, ask for the Pediatric Surgery Resident on call.

Appendectomy: interval

Wound and dressing care: Some discoloration & a feeling of thickness at the port sites are common. Leave the clear dressing/dermabond in place. Please do not apply Neosporin or other petroleum base ointments as it will dissolve the dermabond.

Bathing: Wound closure with Derma Bond: May bathe the day after surgery.
Wound closure with clear dressing/steri-strips: Do not immerse the incision site in water for 3 days. Clean the site daily with soap and water.

Activity: Unless specified all ages may resume all therapies such as OT/PT.
Unless specified all pre-school/school age children/adolescents may return to school 2-3 days after discharge from the hospital (unless instructed differently).
Infants: no restrictions on activity.
Pre-school age children: avoid rough-housing, otherwise play as usual .
School age: No playground or club sports until the child is seen in clinic.
High school age: No team sports/club sports until the child is seen in clinic.
Swimming: no swimming until the child is seen in clinic.

Diet: Regular diet/formula

Clinic visit: Please call (909) 558-7787 to make a post-op visit for your child with their surgeon. The post-op appointment can be anywhere from 1-2 weeks after the date of discharge from the hospital.

Dr. Baerg: Clinic is Tuesday morning

Dr. Tagge: Clinic is Tuesday afternoon

Dr. Gollin: Clinic is Thursday afternoon

Dr. Moores: Clinic is Thursday afternoon