

PEDIATRIC SURGERY

Umbilical hernia repair

Preference Card

1. Prep, green towels.
2. Incision in skin fold at inferior border of hernia 150 degrees--hold sac to make it straight. Bovie through scarpa's, holding with adson's then spread to expose fascia.
3. Dissect around top side of sac with clamp then once through, cut the sac. Obviously, be sure that there is no bowel in sac and that you are deep to the skin level. Incise down on sac to level of ring then around the circumference of the fascial defect.
4. Close with 2-0 PDS placed so as to bury the knot--lay them in and snap them then tie all of them
5. Attach skin to fascia with a single vicryl.
6. 3 vicryls in Scarpa's then 4-0 monocryl for skin .
7. Place a cotton ball covered in umbilicus then 2x2 on top held by a big tegaderm.