

OUTPATIENT SURGERY POST OPERATIVE INSTRUCTIONS

When your child goes home: They may feel some dizziness & sleepiness for several hours following the surgery/procedure. Most children do not experience any nausea/upset stomachs after the anesthesia.

Parents: Either you or a responsible relative will need to take the child home and stay with them. Make sure your child takes their post operative medications (if any were ordered).
Encourage the child to eat a lightly after the procedure, a special or favorite meal should be saved for later in the day or the next day.
Contact your child's surgeon if they develop excessive bleeding, pain or a temperature above 101 degrees.

Your surgeon's office telephone # is (909) 558-7787.

The hospital operator's # is (909) 558-4000; ask for the Pediatric Surgery Resident on call.

Masses (breast/skin), muscle bx: Drains/stitches

Wound and dressing care: Some discoloration & a feeling of thickness at the incision site are common. Leave the clear dressing/dermabond/steri-strips in place. Please do not apply Neosporin or other petroleum base ointments as it will dissolve the dermabond. Gauze dressings should be changed as often as they become saturated or at least on a daily basis.

Bathing: Do not immerse the area with the drain in water. Clean the drain site daily with soap & water.

Wound care: Keep area clean and dry, wash the area daily. Please keep a record of the daily output from the drain and bring this information with you to the clinic visit.
Stitches will usually be removed 2 weeks from the day of surgery. In some cases, depending on the location of the wound, we may want them to remain in place longer. Drains, depending on the amount of the output, will be removed 1-2 weeks from the day of surgery in clinic.

Activity: Limited depending on the location of the drain. Your child may not return to school/day care with a drain in place.

Diet: Regular diet/formula

Test results: Pathology reports (excision of masses only) will be available for discussion during the post op visit. For muscle bx results &/or supprelin management please contact your child's endocrinologist or neurologist.

Clinic visit: Please call (909) 558-7787 to make a post-op visit for your child with their surgeon. The post-op appointment can be anywhere from 1-2 weeks after the date of surgery or the date of discharge from the hospital.

Dr. Baerg: Clinic is Tuesday morning

Dr. Tagge: Clinic is Tuesday afternoon

Dr. Gollin: Clinic is Thursday afternoon

Dr. Moores: Clinic is Thursday afternoon