

## INPATIENT SURGERY POST OPERATIVE INSTRUCTIONS

Parents: Either you or a responsible relative will need to take the child home and stay with them. Make sure your child takes their post operative medications (if any were ordered).  
Contact your child's surgeon if they develop excessive bleeding, pain or a temperature above 101 degrees.

Your surgeon's office telephone # is (909) 558-7787.

The hospital operator's # is (909) 558-4000; ask for the Pediatric Surgery Resident on call.

### Hernia repair (umbilical, inguinal, epigastric, ventral)

Wound and dressing care: Some discoloration & a feeling of thickness at the incision site are common. Leave the clear dressing/dermabond in place. Please do not apply Neosporin or other petroleum base ointments as it will dissolve the dermabond.

Bathing: Wound closure with Derma Bond: May bathe the day after surgery.  
Wound closure with steri-strips: Do not immerse the incision site in water for 3 days. Clean the site daily with soap and water.

Activity: Unless specified all ages may resume all therapies such as OT/PT.  
Unless specified all pre-school/school age children/adolescents may return to school 2-3 days after discharge from the hospital (unless instructed differently).  
Infants: no restrictions on activity.  
Pre-school age children: avoid rough-housing, otherwise play as usual.  
School age: No playground or club sports until the child is seen in clinic.  
High school age: No team sports/club sports until the child is seen in clinic.  
Swimming: no swimming until the child is seen in clinic.

Diet: Regular diet/formula

Clinic visit: Please call (909) 558-7787 to make a post-op visit for your child with their surgeon. The post-op appointment can be anywhere from 1-2 weeks after the date of discharge from the hospital.

Dr. Baerg: Clinic is Tuesday morning

Dr. Tagge: Clinic is Tuesday afternoon

Dr. Gollin: Clinic is Thursday afternoon

Dr. Moores: Clinic is Thursday afternoon