

Lactation Pumping Rooms

Facility	Location	Access	Chair	Outlet	Breast pump	Privacy	Sink	Refrigerator	Microwave	Notes
LLUMC	3800 Room 3833		2 chairs	Yes	Medela Symphony	Room with door each chair with partition	Yes	No	No	Employees only
	3700 Room 3719		3 chairs	Yes	Medela Symphony	Room with door each chair with curtain	Yes	No	No	Shared with patient families
	5300		1 chair	Yes	Medela Symphony	No room door, curtain only	No	No	No	Shared with patient families
	Lobby Level	2 nd floor children's hospital front desk has sign in sheet and key	1 chair	Yes	Medela Symphony	Room with door, Single occupancy, sign in sheet and key	No	No	No	Shared with patient families
	Resident Lounge Room A590	LLU ID badge	2 sleeping rooms	Yes	No	Both rooms have locking door.	Yes	Yes	Yes	
BMC	2 nd floor Room 403A									
	1 st floor Charge Nurse Office									
	Adult PHP Room 705									
	BHI-IOP Assessment Room									
SACHS	2 nd Floor	LLU ID badge	1 chair	Yes	No	Locking door and badge access	Yes	Yes	No	
	3 rd Floor	LLU ID badge		Yes	No	Room with locking door and badge access	Yes	Yes	No	
VA	2E-42	Wendy Zamora 909-825-7084 ext. 1400	2 chairs		No	Chairs turned 90° to each other	No	No	No	Shared with patient families
VA ACC	Rm 3A382 near Delta Clinic A Wing	No special access	1 chair	Yes	No	Room with locking door	Yes	No	No	
RUHS	Lower Level E0160 near Medicine Clinics	Staffing office has door code	Couch and 1 chair	Yes	No	No partition between multiple mothers using space	Yes	Yes	No	Can leave breast pump bag in cupboard

Breast feeding support group:

Wednesday 9:30 – 11:30 AM, Friday 9:30 – 11:30 AM, Sunday 3:00 – 5:00 PM

Online Facebook group can also answer questions at any time of day/night. "Breastfeeding Support Group"

Post Partum Depression Resources:

Barbara Hernandez – Physician wellness (909) 801-4851

Dr. Trenkle, Dr. Perea work with residents physician's needs

Depression support group – Azure hills SDA church has group for moms with infant's less than 1 year lead by psychologist meets twice monthly.